

Energy Holdings: Key information relating to the USD 20 million cash distribution for Q3 2025

Nicosia, Cyprus - 10 February 2026 - Reference is made to SED Energy Holdings Plc ("Energy Holdings", the "Company") news release 26 November 2025 and the Company's Extraordinary General Meeting held on 29 December 2025.

The approved cash distribution of USD 20 million will be distributed as a repayment of paid in capital.

Distribution amount: USD 20 million or USD 0.0275 per share.

The distribution for shares registered with Euronext VPS will be paid out in NOK. The NOK amount per share will be announced on 18 February, along with the ex-distribution notice.

Last day including right: 17 February 2026

Ex-date: 18 February 2026

Record date: 19 February 2026

Payment date: 24 February 2026

For more information, please contact: ir@energyholdings.cy

About Energy Holdings

SED Energy Holdings Plc (ticker code "ENH") is a strong industrial partner with a diversified portfolio of resilient, cash-generative assets supported by a robust revenue backlog and a conservative capital structure. Energy Holdings' primary focus is on distributing all excess liquidity to shareholders, while also pursuing disciplined, value-accretive growth. For more information, please visit www.energyholdings.cy.

This information is subject to disclosure requirements pursuant to section 5-12 of the Norwegian Securities Trading Act and requirements under the EU Market Abuse Regulation.