

SED Energy Holdings Plc: MANDATORY NOTIFICATION OF TRADE

Pursuant to the Market Abuse Regulation article 19, SED Energy Holdings Plc (the “Company”), hereby notify receipt of information of the following transactions made by persons discharging managerial responsibilities in the Company and persons closely associated with them in the Company’s shares and other financial instruments linked thereto.

1	Details of the primary insider / person closely associated					
a)	Name	Finn Atle Hamre				
2	Reason for the notification					
a)	Position/status	CEO Seabird Exploration				
b)	Initial notification /Amendment	Initial Notification				
3	Details of the issuer					
a)	Name	SED Energy Holdings Plc				
b)	LEI	213800ED88L967PGFK25				
4.1	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument and identification code	Options to acquire ordinary shares in SED Energy Holdings Plc ISIN: CY0101162119				
b)	Nature of the transaction	Option award				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s) in NOK</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>7.98</td> <td>2,963,487</td> </tr> </tbody> </table>	Price(s) in NOK	Volume(s)	7.98	2,963,487
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7.98	2,963,487					
d)	Aggregated information - Aggregated volume - Price	Grant of 2,963,487 new share options, vesting over a period of three years with 1/3 each year, each option entitling the holder to acquire one shares in SED Energy Holdings Plc at a strike price of NOK 7.98. Exercise period 60 months after vesting.				
e)	Date of the transaction	8 December 2025				
f)	Place of the transaction	Outside a trading venue				

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1	Details of the primary insider / person closely associated					
a)	Name	Sveinung Bergene Alvestad				
2	Reason for the notification					
a)	Position/status	CFO				
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