

SED ENERGY HOLDINGS PLC: MANDATORY NOTIFICATION OF TRADE

Pursuant to the Market Abuse Regulation article 19, SED Energy Holdings Plc (the “**Company**”), hereby notify receipt of information of the following transactions made by persons discharging managerial responsibilities in the Company and persons closely associated with them in the Company’s shares and other financial instruments linked thereto.

1	Details of the primary insider / person closely associated							
a)	Name	Marcus Chew						
2	Reason for the notification							
a)	Position/status	Member of Board of Directors						
b)	Initial notification /Amendment	Initial Notification						
3	Details of the issuer							
a)	Name	SED Energy Holdings Plc						
b)	LEI	213800ED88L967PGFK25						
4.1	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted							
a)	Description of the financial instrument, type of instrument and identification code	Options to acquire ordinary shares in SED Energy Holdings Plc ISIN: CY0101162119						
b)	Nature of the transaction	Option award						
c)	Price(s) and volume(s)	<table><tr><td>Price(s) in NOK</td><td>Volume(s)</td></tr><tr><td>2.88</td><td>5,268,421</td></tr></table>			Price(s) in NOK	Volume(s)	2.88	5,268,421
Price(s) in NOK	Volume(s)							
2.88	5,268,421							
d)	Aggregated information - Aggregated volume - Price	Grant of 5,268,421 new fully vested share options, each option entitling the holder to acquire one shares in SED Energy Holdings Plc at a strike price of NOK 2.88. Exercise period 60 months from grant.						
e)	Date of the transaction	25 June 2025						
f)	Place of the transaction	Outside a trading venue						

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1	Details of the primary insider / person closely associated						
a)	Name	Viggo Pedersen					
2	Reason for the notification						
a)	Position/status	CFO Energy Drilling					
b)	Initial notification / Amendment	Initial Notification					
3	Details of the issuer						
a)	Name	SED Energy Holdings Plc					
b)	LEI	213800ED88L967PGFK25					
4.1	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument and identification code	Options to acquire ordinary shares in SED Energy Holdings Plc ISIN: CY0101162119					
b)	Nature of the transaction	Option award					
c)	Price(s) and volume(s)	<table border="1"> <tr> <th>Price(s) in NOK</th><th>Volume(s)</th></tr> <tr> <td>2.88</td><td>3,951,316</td></tr> </table>	Price(s) in NOK	Volume(s)	2.88	3,951,316	
Price(s) in NOK	Volume(s)						
2.88	3,951,316						
d)	Aggregated information - Aggregated volume - Price	Grant of 3,951,316 new fully vested share options, each option entitling the holder to acquire one shares in SED Energy Holdings Plc at a strike price of NOK 2.88. Exercise period 60 months from grant.					
e)	Date of the transaction	25 June 2025					
f)	Place of the transaction	Outside a trading venue					

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1	Details of the primary insider / person closely associated						
a)	Name	Luc Plouzenec					
2	Reason for the notification						
a)	Position/status	COO Energy Drilling					
b)	Initial notification /Amendment	Initial Notification					
3	Details of the issuer						
a)	Name	SED Energy Holdings Plc					
b)	LEI	213800ED88L967PGFK25					
4.1	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument and identification code	Options to acquire ordinary shares in SED Energy Holdings Plc ISIN: CY0101162119					
b)	Nature of the transaction	Option award					
c)	Price(s) and volume(s)	<table><tr><th>Price(s) in NOK</th><th>Volume(s)</th></tr><tr><td>2.88</td><td>3,951,316</td></tr></table>	Price(s) in NOK	Volume(s)	2.88	3,951,316	
Price(s) in NOK	Volume(s)						
2.88	3,951,316						
d)	Aggregated information - Aggregated volume - Price	Grant of 3,951,316 new fully vested share options, each option entitling the holder to acquire one shares in SED Energy Holdings Plc at a strike price of NOK 2.88. Exercise period 60 months from grant.					
e)	Date of the transaction	25 June 2025					
f)	Place of the transaction	Outside a trading venue					

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1	Details of the primary insider / person closely associated						
a)	Name	Kurt M. Waldeland					
2	Reason for the notification						
a)	Position/status	Member Board of Directors and CEO					
b)	Initial notification /Amendment	Initial Notification					
3	Details of the issuer						
a)	Name	SED Energy Holdings Plc					
b)	LEI	213800ED88L967PGFK25					
4.1	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a)	Description of the financial instrument, type of instrument and identification code	Options to acquire ordinary shares in SED Energy Holdings Plc ISIN: CY0101162119					
b)	Nature of the transaction	Option award					
c)	Price(s) and volume(s)	<table><tr><th>Price(s) in NOK</th><th>Volume(s)</th></tr><tr><td>5.49</td><td>3,951,316</td></tr></table>	Price(s) in NOK	Volume(s)	5.49	3,951,316	
Price(s) in NOK	Volume(s)						
5.49	3,951,316						
d)	Aggregated information - Aggregated volume - Price	Grant of 3,951,316 new share options, vesting over a period of three years with 1/3 each year, each option entitling the holder to acquire one shares in SED Energy Holdings Plc at a strike price of NOK 5.49. Exercise period 60 months from time of vesting.					
e)	Date of the transaction	25 June 2025					
f)	Place of the transaction	Outside a trading venue					